

Elixir Fusion:

Simple, gentle and more natural approach to skincare. This range of products use only plant-based ingredients and the highest quality of essential oils and plant extracts

Express facial

Controls sebum production and balances hormonally challenged skin

30 min **R230**

Standard facial

Hydrate and revitalise the skin with this relaxing facial that plumps and balances your skin with a deep refreshing glow

45 min **R350**

Balancing deep cleanse facial

Balances excess surface oils and regulates the sebum. Hyaluronic jelly mask to hydrate and soothe skin. Includes scalp and hand massage

45 min **R490**

Pro collagen facial

The nourishing formulation combines acacia plant collagen and hematite extract.

The result is instant plumping and conditioning of sun-damaged skin. Plaster of Paris anti-aging mask

Includes scalp, hand and foot massage

75 min **R690**

EMS facial

Radio waves penetrate the outer skin layers and deliver heat energy to the muscles and tissues beneath. The heat stimulates collagen production

60 min **R600**

Facial steam:

Helps free any dead skin cells, dirt, bacteria or other trapped matter and it can allow your skin to better absorb any other products

Steam can be added to any facial

15 min **R50**

Ultrasonic facial:

Ultrasound technology gently exfoliates the skin of dead skin cells and impurities. Ultrasonic waves help loosen and remove oil, dirt and cellular debris from pores in order to achieve a noticeably radiant, healthy glow. Includes steam, extractions and sheet mask

45 min **R550**

LED light therapy mask treatment:

The LED works by emitting infrared light in specific wavelengths/spectrums. Different spectrums or colours have been shown to assist with healing, boost anti-aging properties, and kill bacteria.

Can be added to any facial

R200

Dr Pen Micro Needling:

Micro needling is used to reduce signs of aging in skin, wrinkles, skin impurities, acne scars, skin tightening and pigmentation marks. Needling triggers collagen production by using a pen with a small head that contains 12 needles, it vibrates at high power, and at a certain depth, to pierce the superficial layer of your skin thousands of times over a few seconds. This process stimulates remodelling of existing collagen and promotes formation of new collagen and revascularization in the skin. Home care routine is vital

Face micro needling	90 min	R1050
Face and Neck micro needling	1hr 45 min	R1350

Treatment includes: Cleanse, photos, numbing cream, hyaluronic serum, micro needle, hyaluronic sheet mask, ice rolling, collagen serum, hydrating day cream and Heliocare spf 50.

While the numbing cream is processing receive a complimentary:

Scalp, décolleté and foot massage OR reflexology OR scrub, soak, file and paint on hands OR feet

Canna massage:

Therapeutic and serene method of detoxifying the body for faster and easier muscle recovery. When you combine these oils with an experienced therapist, the cannabis oil becomes a very powerful tool

30 minute, **R400** | 40 minute, **R500** | 60 minute, **R700**

Swedish massage:

Variety of techniques specifically designed to relax muscles by applying pressure to deeper muscles and rubbing in the same direction as the flow of blood returning to the heart

Deep tissue massage:

Focuses on the deep layers of muscle tissues in an effort to release tension and muscle pain

Aromatherapy massage:

Preparation of fragrant essential oils extracted from herbs, flowers and fruits. The use of aromatherapy oils enhance a feeling of well- being

Pregnancy massage:

Relaxes tense muscles, eases sore spots, improves circulation, mobility and is tailored specifically to the needs of pregnant women and their changing bodies

Lymphatic drainage massage:

Gentle massage that encourages the movement of lymph fluids around the body. Relieves painful swelling in your arms and legs caused by lymphedema

30 minute, **R250** | 40 minute, **R340** | 60 minute, **R460** | 75 minute, **R550** | 90 minute, **R650**

Reflexology:

Therapeutic method that promotes healing by stimulating the nerves in the body

Reflexology	30 min	R250
Foot exfoliation, soak and reflexology	60 min	R460

Sparitual and Crisnail

Sparitual nail lacquers are DBP, formaldehyde and toluene free and vegan friendly
Crisnail products are manufactured in Europe, with the highest standards in quality

Spa manicure	60 min	R210
Hand exfoliation, soak, nail filing, buffing, cuticle cleaning, hand massage and nail varnish		
French manicure	75 min	R230
Hand exfoliation, soak, nail filing, buffing, cuticle cleaning, hand massage and French varnish		
Express manicure	45 min	R170
Hand exfoliation, soak, nail filing, buffing, cuticle cleaning and hand massage		
Spa pedicure	60 min	R220
Foot exfoliation, soak, nail filing, buffing, cuticle cleaning, foot filing, foot massage and nail varnish		
French pedicure	75 min	R240
Foot exfoliation, soak, nail filing, buffing, cuticle cleaning, foot filing, foot massage and French varnish		
Express pedicure	45 min	R180
Foot exfoliation, soak, nail filing, buffing, cuticle cleaning, foot filing and foot massage		
File and paint	30 min	R100
French file and paint	35 min	R110

Gel-It Gel polish:

UV & LED curable gel polish, proudly bottled in South Africa. This easy to apply and remove product can last 2+ weeks. Gel-iT Gel Polish is Non-Toxic, Non-Flammable and Solvent Free

Gel polish application	70 min	R240
Nail filing, buffing, cuticle cleaning and gel application		
Gel manicure	85 min	R350
Hand exfoliation, soak, nail filing, buffing, cuticle cleaning, hand massage and gel application		
Gel pedicure	85 min	R370
Foot exfoliation, soak, nail filing, buffing, cuticle cleaning, foot filing, foot massage and gel application		
Gel soak off	30 min	R100
Gel soak off with re- application		R50

Sknlogic heel treatment:

Quickly dissolves hard skin leaving the feet smooth and polished. Foot scrub, soak and heel treatment removing hard skin. This can be booked separately or included in a pedicure

Stand-alone heel treatment	15 min	R90
Included in pedicure		R60

Julienne tinting:

Eyelash tint	15min	R70
Eyebrow tint	15 min	R70
Tint combo	20 min	R110

Depileve waxing:

Brow wax	15 min	R70
Lip wax	15 min	R70
Chin wax	15 min	R70
Nose wax	10 min	R60
Side of face	15 min	R70
Full face wax	20 min	R220
Underarm wax	20 min	R100
Forearm wax	20 min	R110
Bikini wax	15 min	R130
Brazilian wax	20 min	R180
Hollywood wax	30 min	R230
Extended Hollywood wax	40min	R260
Half leg wax	20 min	R140
Full leg wax	30 min	R220

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(Closed weekends and public holidays)

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