

### QMS medicosmetics:

Designed to address the loss of collagen, the main cause of skin aging, these facials feature unique 70% natural soluble collagen. Through their application skin is revitalized and returned to a youthful, healthy state.

**Deep cleanse facial** 45 min **R490**  
 Combines a hydrating algae mask with the deep pore cleansing facial, to leave skin firm and supple. Includes head and hand massage

**Classic collagen facial** 75 min **R690**  
 An intense, anti-aging, unique facial treatment that reduces fine lines and leaves the skin firm, using 70% natural soluble collagen. Includes head, hand and foot massage

### Elixir Fusion:

Simple, gentle and more natural approach to skincare. This range of products use only plant-based ingredients and the highest quality of essential oils and plant extracts

**Standard facial**  
 Hydrate and revitalise the skin with this relaxing facial that plumps and balances your skin with a deep refreshing glow 45 min **R350**

**Express facial**  
 Controls sebum production and balances hormonally challenged skin 30 min **R230**

### Facial steam:

Helps free any dead skin cells, dirt, bacteria or other trapped matter and it can allow your skin to better absorb any other products

**Steam can be added to any facial** 15 min **R50**

### Dr Pen Micro Needling QMS Facial:

Micro needling is used to reduce signs of aging in skin, wrinkles, skin impurities, acne scars, skin tightening and pigmentation marks. Needling triggers collagen production by using a pen with a small head that contains 12 needles, it vibrates at high power, and at a certain depth, to pierce the superficial layer of your skin thousands of times over a few seconds. This process stimulates remodelling of existing collagen and promotes formation of new collagen and revascularization in the skin. Home care routine is vital

**Introductory Face** (First appointment) **R600**

**Introductory Face and Neck** (First appointment) **R900**  
 Cleanse, hyaluronic serum, micro needle, algae mask, hand or foot massage, night collagen and Heliocare XF spf 50

**Face** (Follow up appointments) **R1050**

**Face and Neck** (Follow up appointments) **R1350**  
 Cleanse, numbing cream, hyaluronic serum, micro needle, algae mask, hand, foot, scalp and décolleté massage, night collagen and Heliocare XF spf 50

### Julienne tinting:

Superior formula which is water resistant and is ideal for sport players, contact lens wearers and those with make-up sensitivities

Eyelash tint 15min **R70**  
 Eyebrow tint 15 min **R70**  
 Tint combo 20 min **R110**

**Canna massage:**

Therapeutic and serene method of detoxifying the body for faster and easier muscle recovery. When you combine these oils with an experienced therapist, the cannabis oil becomes a very powerful tool

30 min **R400** 60 min **R700**

**Swedish massage:**

Variety of techniques specifically designed to relax muscles by applying pressure to deeper muscles and rubbing in the same direction as the flow of blood returning to the heart

**Deep tissue massage:**

Focuses on the deep layers of muscle tissues in an effort to release tension and muscle pain

**Aromatherapy massage:**

Preparation of fragrant essential oils extracted from herbs, flowers and fruits. The use of aromatherapy oils enhance a feeling of well- being

**Pregnancy massage:**

Relaxes tense muscles, eases sore spots, improves circulation, mobility and is tailored specifically to the needs of pregnant women and their changing bodies

30 minute, **R250** 40 minute, **R340** 60 minute, **R460** 90 minute, **R650**

**Reflexology:**

Therapeutic method that promotes healing by stimulating the nerves in the body

**Reflexology** 30 min **R250**  
**Foot exfoliation, soak and reflexology** 60 min **R460**

**Sparitual and Crisnail**

Sparitual nail lacquers are DBP, formaldehyde and toluene free and vegan friendly  
 Crisnail products are manufactured in Europe, with the highest standards in quality

**Spa manicure** 60 min **R210**

Hand exfoliation, soak, nail filing, buffing, cuticle cleaning, hand massage and nail varnish

**French manicure** 75 min **R230**

Hand exfoliation, soak, nail filing, buffing, cuticle cleaning, hand massage and French varnish

**Express manicure** 45 min **R170**

Hand exfoliation, soak, nail filing, buffing, cuticle cleaning and hand massage

**Spa pedicure** 60 min **R220**

Foot exfoliation, soak, nail filing, buffing, cuticle cleaning, foot filing, foot massage and nail varnish

**French pedicure** 75 min **R240**

Foot exfoliation, soak, nail filing, buffing, cuticle cleaning, foot filing, foot massage and French varnish

**Express pedicure** 45 min **R180**

Foot exfoliation, soak, nail filing, buffing, cuticle cleaning, foot filing and foot massage

File and paint 30 min **R100**

French file and paint 35 min **R110**

**Gel-It Gel polish:**

UV & LED curable gel polish, proudly bottled in South Africa. This easy to apply and remove product can last 2+ weeks. Gel-iT Gel Polish is Non-Toxic, Non-Flammable and Solvent Free

**Gel polish application** 40 min **R240**

Nail filing, buffing, cuticle cleaning and gel application

**Gel manicure** 70 min **R350**

Hand exfoliation, soak, nail filing, buffing, cuticle cleaning, hand massage and gel application

**Gel pedicure** 70 min **R370**

Foot exfoliation, soak, nail filing, buffing, cuticle cleaning, foot filing, foot massage and gel application

Gel soak off **R100**

Gel soak off with re- application **R50**

**Skinlogic heel treatment:**

Quickly dissolves hard skin leaving the feet smooth and polished. Foot scrub, soak and heel treatment removing hard skin. This can be booked separately or included in a pedicure

Stand-alone heel treatment 15 min **R90**

Included in pedicure **R60**

**Depileve waxing:**

Designed to adhere to the hair and not the skin, allowing for exceptional grip, even on the shortest of hair, by removing the entire root leaving a silky smooth finish

|                        |        |             |
|------------------------|--------|-------------|
| Brow wax               | 15 min | <b>R70</b>  |
| Lip wax                | 15 min | <b>R70</b>  |
| Chin wax               | 15 min | <b>R70</b>  |
| Nose wax               | 10 min | <b>R60</b>  |
| Side of face           | 15 min | <b>R70</b>  |
| Full face wax          | 20 min | <b>R220</b> |
| Underarm wax           | 20 min | <b>R100</b> |
| Forearm wax            | 20 min | <b>R110</b> |
| Bikini wax             | 15 min | <b>R130</b> |
| Brazilian wax          | 20 min | <b>R180</b> |
| Hollywood wax          | 30 min | <b>R230</b> |
| Extended Hollywood wax | 40min  | <b>R260</b> |
| Half leg wax           | 20 min | <b>R140</b> |
| Full leg wax           | 30 min | <b>R220</b> |

**HOUT BAY:**

Open Monday to Friday  
9am till 4:30pm

**Address:**

The Homestead  
erf 3735  
Main road, Hout Bay



**MARINA DA GAMA:**

Open Monday to Friday  
10am till 4:30pm

**Address:**

14 Oudevlei road  
Uitsig peninsula  
Marina Da Gama

**Contact:** Radelle Smart owner and therapist

**Cell:** 083 406 0194

**Email:** radelle@radiancebeauty.co.za

**Website:** www.radiancebeauty.co.za